

Dear patient,

As a part of your rehabilitation, Dr. Mattalino has ordered the use of a Continuous Passive Motion Device (CPM).

The Continuous Passive Motion (CPM) device is used in order to increase your range of motion (ROM) at a much quicker rate as well as decrease pain and swelling in your rehabilitation process. The CPM device is to be used while lying down in bed (see picture below).

In addition to use of the CPM device, you must adamantly follow the rehabilitation program put in place by Dr. Mattalino in order to regain full range of motion. **YOU MUST NOT DEPEND ON THE CPM DEVICE ALONE TO REGAIN FULL RANGE OF MOTION.** The CPM device, while used in compliance with the rehabilitation process designed by Dr. Mattalino will allow for a swift recovery process.

A representative will contact you before your surgery to discuss the delivery and instruction of your CPM device at home prior to surgery.

Use of the equipment should not last longer than 1 week unless otherwise directed by Dr. Mattalino. Once use is complete, please contact Maldonado Medical at the phone number below to arrange pickup of the equipment.

We are available 24 hours per day, 7 days per week for your needs. Please do not hesitate to contact us with any questions.

We look forward to serving you soon.
H&L Medical Specialist Inc
480-481-0296



CPM Device